



October Snack Menu

When served, all liquid milk will be 2%
 When served, all juice will be 100% fruit juice and only served once a day.
 Children can drink all the water that they desire.

Monday	Tuesday	Wednesday	Thursday	Friday
Nutri Grain Bars w/ Milk	Cheerios (or a cereal) w/ Milk	Mini Muffins w/ Milk	Fresh Fruit w/ Milk	Chicken w/ Rice H2O
Animal Crackers w/ Milk	Peanut Butter Crackers w/ H2O	Pretzels Or Chex-Mix w/ Ranch Juice	Cheese Slices w/ Ritz H2O	Gogurts & Goldfish Crackers H2O