



January Snack Menu

When served, all liquid milk will be 2%

When served, all juice will be 100% fruit juice and only served once a day.
Children can drink all the water that they desire.

Monday	Tuesday	Wednesday	Thursday	Friday
Nutri Grain Bars w/ Milk	Cheerios (or a cereal) w/ Milk	Gogurts w/ Juice	Belvita Breakfast Cookies w/ Milk	Oatmeal w/ Raisins H2O
Animal Crackers w/ Milk	Peanut Butter Crackers w/ H2O	Pretzels Or Chex-Mix w/ Ranch Juice	Cheese Slices w/ Ritz H2O	Goldfish Crackers Juice