



July Snack Menu

When served, all liquid milk will be 2%.

When served, all juice will be 100% fruit juice.

Children may drink all the filtered water that they desire.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|--|--|------------------------------------|----------------------------------|
| Breakfast Bars w/ Milk | Cheerios (or a cereal) w/ Milk | Applesauce w/ Graham Crackers H2O | Yogurt w/ Juice | Waffles w/ Milk |
| Cookies w/ Milk | Peanut Butter Crackers w/ H2O | Pretzels w/Ranch or Chex Mix w/ Juice | Cheese Sticks w/ Ritz H2O | Goldfish Crackers w/ Juice |